

FAMILY ROSARY STARTER GUIDE

One decade. One family. One step closer to Jesus.

BEGIN WITH ONE DECADE

Make the Sign of the Cross. Announce a Joyful Mystery and a family intention. Then pray:

- 1 Our Father
- 10 Hail Marys
- 1 Glory Be
- Fatima Prayer (optional)

THE BASIC PRAYERS

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of thy mercy.

THE FIVE JOYFUL MYSTERIES

1. The Annunciation

Mary says yes to God. (Luke 1:26-38)

2. The Visitation

Mary visits Elizabeth. (Luke 1:39-56)

3. The Nativity

Jesus is born. (Luke 2:1-20)

4. The Presentation

Jesus is presented in the Temple. (Luke 2:22-38)

5. Finding Jesus in the Temple

Mary and Joseph find Jesus. (Luke 2:41-52)

YOUR FIRST 7 DAYS

- ☐ Day 1: Learn the Sign of the Cross
- ☐ Day 2: Pray the Our Father
- ☐ Day 3: Learn the Hail Mary
- ☐ Day 4: Read the Annunciation story
- ☐ Day 5: Practice counting ten beads
- ☐ Day 6: Share family prayer intentions
- ☐ Day 7: Pray one full decade together

MAKE IT A FAMILY MOMENT

Let children hold the beads, announce a mystery, choose an intention, or lead a prayer. Keep it gentle and age-appropriate. If you miss a day, simply begin again.